



DAILY ANNOUNCEMENTS
THURSDAY
OCTOBER 10TH, 2025

Did you know that daily gratitude practice leads to **STRONGER RELATIONSHIPS**: Expressing gratitude can lead to more meaningful social connections.

Today's Gratitude Challenge: Who in your community makes your day-to day life better?

PARENT/TEACHER CONFERENCES: Wednesday, October 15th 4:00 – 6:00 PM and Thursday, October 16th 4:00 – 7:00 PM. Book on-line now <https://ballenas.schoolappointments.com/> or call the office.

SCHOOL PHOTOS: Go to <https://www.conceptphoto.ca/> to view and order school photos. Retake day is happening next Wednesday, October 15th.

GRADE 12 STUDENTS – Please see the post in the Grad Google Classroom about Provincial Assessments. If you would like to write the Literacy 12 Assessment in November, please sign up in the Counselling Office ASAP. More info to come (location, dates, etc.) and will be posted in the Grad Google Classroom. Please check it regularly!

ECO CLUB: If you would like to get involved in efforts that promote sustainability within the school and community, come to our first eco club meeting on Thursday at lunch in room 908. Talk to Ms. Lavoie for more info.

BALLENAS GUYS GROUP: The Guys Group meets in the Band Room (Rm. 914) every Thursday at lunch. Guys Group brings together students, teachers, and mentors for some free food and a place to chat and listen to each other. This mentoring group is open to students and adults here at BSS, and it's a great place to connect with others. There is no pressure to talk or share anything if you don't want to, and there's free pizza for those who attend. Please see Mr. Kellas or Mr. Bambrough if you have any questions about Guys Group, or you can just show up on Thursday at the start of lunch!

HEY WHALERS, DO YOU LIKE TO DRAW, PAINT, WRITE, TAKE PHOTOS OR JUST WANT TO TRY FLEXING THOSE CREATIVE MUSCLES? Then the art club is for you! We meet every Thursday at lunch in the art room. For any questions about the club please see Hana in the art room during club time. We hope to have you join us!

CALLING ALL STUDENTS WHO ARE INTERESTED IN SHORT-TERM INTERNATIONAL EXCHANGES. Are you interested in visiting other countries and experiencing what it is like to be a student somewhere else? There will be a meeting in room 702, October 10th at Lunchtime. That's Room 702, at lunch, on the 10th.

Hey, Ballenas! 🤔 Do you ever wake up and think, *"Ugh... I wish I could just roll out of bed and come to school like this"*?

Well, guess what? **Tuesday, October 14th**, you totally can!

It's **Tired Tuesday** — the perfect excuse to rock your **PJs, sweats, or comfiest clothes** all day long. Whether it's flannel pants, a cozy hoodie, or your favourite fuzzy socks, we want to see your best lazy-day look!

So skip the fancy outfits, grab that blanket energy, and let's make the hallways look like one big slumber party — minus the actual sleeping in class, of course. 😊 That's **Tired Tuesday, October 14th** — comfort, coziness, and school spirit all in one! Don't snooze on it! 🛏️ 🌟

LUNCH WEEKLY MENU

THURSDAY – Southwest Chicken Wrap
FRIDAY - Pizza

Hay cep qa (thank you)